



Painting by the Sea

**Tee
Hardman**

HYDRA
ART RETREAT

Creative Intuition

13-20 September 2025



Hydra the Muse

Discover this legendary home to artists and writers throughout the C.20th
For many artists a stay on Hydra, the enchanting, some say magical, Aegean island, was a significant part of how their art was created.

We're choosing to be there, for that reason... the richness of the artistic legacy... and for the chance that such exceptional surroundings will be your muse, too.

On Hydra, writers, painters, songsters, musicians and dreamers of all types, found a place that inspired them. From its shores, looking out to the Aegean or inward to their artistic dreams, poetry, novels, avant-garde texts, masterpieces in paint and word, emerged. Be there, with us, and find your own threads of inspiration.



It's early Autumn, the locals are relaxed, you've arrived onto one of Greece's most picturesque islands - one with no vehicular traffic - only donkeys, water taxis and meandering footpaths and horse trails - and you have ahead of you a week of working closely with TEE HRDMAN, architect, artist, teacher and expert in the practice of Creative Intuition - a way of knowing the world which she will share with you during this week of creative play, discovery - with image, and words.

What you'll do

Discover this legendary home to artists and writers throughout the C.20th and re-discover *your* original, intuitive & unique way of knowing the world!

Intuition is the original way in which we know the world, but it is something we have lost touch with. Fluidity is essential to intuition, so come and remember how to flow in the moment.

If you love words and images, then imagine reading a poem of Hydra and intuitively expressing it as an image using playful ways to “keep you out of your head”.

Creativity researcher, architect and artist, Tee Hardman has been teaching this for many years. She'll teach you her FIA FACTOR method- Fluid Intuitive Action, which is about embodiment and intuitive connection. This retreat is intended to slow us down, so that we take the time to notice the small things. By allowing ourselves to surrender all our inhibitions and expectations, we become fully present and at-one with what we are experiencing. In the inspiring setting of Hydra, we will explore, write, draw and paint, really getting to know the place in all its richness.

As an architect, Tee will share her techniques to capture the iconic architecture that defines Hydra.

Suitable for everyone to loosen up and go with the flow – beginners and experienced creatives alike!



The port of Hydra

Where does the retreat take place ?

The retreat hub offers accommodation, breakfast and relaxed and private places for the art both outside beneath a 200-year old olive tree in high-walled courtyard, and inside beneath a high-beamed ceiling (should very occasional rain happen).

Although Hydra is a very vertical island, with steeps scaling steep hills populated with the iconic, picturesque stone houses, our retreat hub is just a few minutes' walk from the port, on flat ground, with no steps required to approach it. The hotel has ground, first and second floors (no lift), with a dedicated buffet breakfast bar, sea view terrace access for all.



Your hotel has a terrace open to all with spectacular views across the port, the mountains and the town, and is accessible without climbing Hydra's steps

What does your Retreat include?

- **Accommodation with Breakfast for 7 nights**
- **Breakfasts 7**
- **Taverna Lunches 3**
- **Welcome Dinner**
- **Farewell Dinner**
- **24 Hours of Art Tuition with Tee Hardman over 6 days**
- **Some Art Materials**
- Water taxis to 2 destinations for painting and lunch
- Boat trip to Ermioni on Peloponnese for a day of painting off the rocks besides pristine clear waters, perfect for jumping into refresh before lunch (this depending on the weather, i.e.seas)
- National Museum visit with a special guest (*surprise!*)
- Visit to the home and studio of Hydra's famous C.20th artist Panayotis Tetsis
- gift bag with art goodies





Find all the retreat details including costs [HERE](#)

For more detail or queries, please don't hesitate to contact retreat curator and organisers, Anna Kwiecinska, who lived on Hydra for two years and returns regularly.



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Tee and Anna really look forward to sharing this week of unbounded creativity with you,

See you there!