



CREATIVE LIVING  
RETREATS

## 2025 Retreats and Tours



*What you seek*  
**IS SEEKING YOU**  
*Rumi*

*I really believe this!*

... and, if you've found yourself here, reading this, curious to know what it is that we can share with you in 2025, then chances are, the seeking has worked ...



SPICE VOYAGES

Anna  
Kwiecinska  
.COM



CREATIVE  
LIVING RETREATS

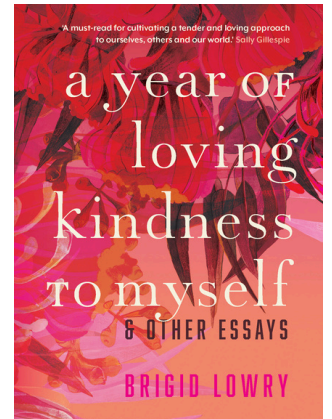


# BALI RETREATS

## *Writing by the Sea in Bali*

Brigid's current work combines Buddhism, the psychology of healing, self-help, memoir and humour, and aims to inspire anyone who is struggling in difficult times, or who wants to live with more ease and equanimity. **A Year of Loving Kindness to Myself, and Other Essays** was chosen by Apple books as best book of the month in April 2024. Fremantle Press will publish her new title in February 2026 – **A Time of Living Graciously: Essays on Ageing**.

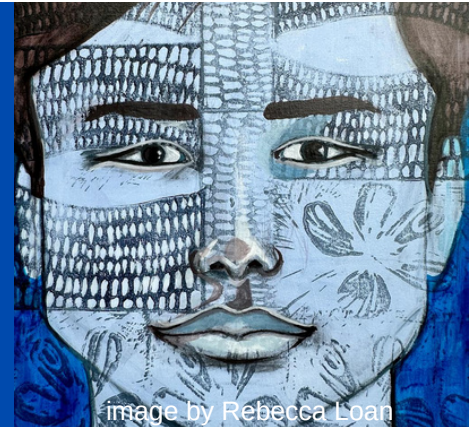
**LOVING YOUR LIFE!  
WRITING RETREAT**  
with  
**BRIGID LOWRY**  
& musician **MICHAEL DONE**  
**26 June - 2 July**



## *Nadine Bastow*

Create a striking large-scale, mixed media portrait from carefully-observed life drawings of our beautiful Balinese models; Embellish your canvas with a variety of print options including silk screening, carved & stamped designs and gold-leafing. You'll be amazed at what you'll achieve with Nadine who has already taught 5 fantastic portraiture retreats at Villa Nilaya in Bali! [See video](#)

**THE  
BIG PORTRAIT of BALI  
ART RETREAT**  
with  
**NADINE BASTOW**  
**5 - 12 July**



## *Christine Hingston*

"I don't wait for inspiration, I go to my studio and find it there". Discover the INEXHAUSTIBLE range of this very successful Australian artist whose work on paper, canvas and ceramic often starts by making her own brushes, for unique mark making. 7 days, 7 subjects, many types of media; learn tricks of her trade garnered over more than 40 years as a professional artist.

**EXPRESS YOURSELF!  
PAINTING RETREAT**  
with  
**CHRISTINE HINGSTON**  
**20 - 27 July**



## IN BALI

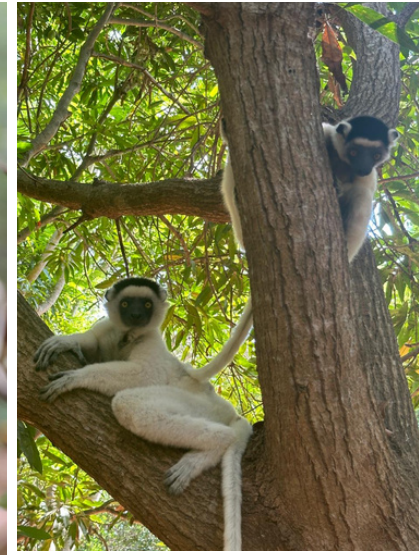
Even if you've been to Bali many times, chances are you haven't experience the beauty of East Bali. many of our participants express amazement that our retreat location at Villa Niaya by the sea near Candi Dasa is "like Bali was many years ago". It's a place to slow down, be well looked -after by gentle people who sincerely care for you. Our retreats started here in 2011 and the core principles of a meditative start to the day, leading into creativity- be it writing or making art - remain as strong as ever. Sound bathing, healthy cuisine, a spacious studio by the gentle sound of lapping sea, along with truly gifted teachers await you .... join us for winter well being



# WILD MADAGASCAR *Discovery* TOURS

**Madagascar, the island that time forgot ... the land of the baobab is a destination like no other, for more than 90% of its wildlife is endemic. If you've been thinking about this destination, as I had for many years, it more than repays the journey. Madagascar is amazing, and constantly surprising.**

The Red Island, as it's known, is as diverse a place as one could imagine: wet rain forests the length of the country abound with diverse wildlife on the east coast, whilst the west coast offers dry forests with entirely different flora and fauna. The landscape is spectacular, with beautiful beaches, hideaway islands, fascinating villages and culture. Malagasy people are a delight, and with the French to thank for their influence on cuisine, dining in Madagascar is a pleasure. Join me at the very best time to travel here with two special Explorer Tours which I've designed in conjunction with my expert guide and Malagasy Tourism to create panoramic travel experiences with stunning accommodation, comfortable travel and absolutely unforgettable sights, sounds and people!



## IN MADAGASCAR

I have recently been the guest of Madagascar Tourism for two weeks, and before that, I travelled with my own guide and driver for ten days to the southwest, central south and northeast of the island. I search for the best places to stay, I'm fussy about food; I check out the parks and reserves, the beaches and resorts. All of this goes towards creating an experience for you that is authentic, adventurous, expertly managed on the ground and well-supported to ensure a travel experience (in sometimes testing circumstances) that is as easeful as possible. Our groups will be no more than 12 and each person is guaranteed a window seat, plus we will use some charter flights (impossible as a solo traveller) to optimise your travel time and provide a bespoke travel experience in a country where infrastructure can otherwise mean delays and long journeys.

## Tentative Dates

*more details soon*

**TOUR DATE will be NOVEMBER 2025 when the remote north east has its driest season and travelling is comfortable throughout the island**



## *Painting by the Sea in Greece*

Rediscover your original, intuitive & unique way of knowing the world! When you let go of the thinking mind and surrender to an open, fluid way of being, you experience yourself and your surroundings in a deeper way, leading to creative insights and inspiration. Creativity researcher and artist Tee Hardman has been teaching this way for many years. She is also an architect and will guide you through many modes of artistic expression. No art experience necessary - enlivening for both beginners and experienced creatives.

## *Painting by the Sea in Greece*

This is truly a retreat to take you, brush in hand, to the most picturesque spots on this beautiful island! 2025 marks 45 years of Kasey Sealy's professional career as a plein air impressionist artist, whose light touch and way of seeing has been shared with countless students. A gifted teacher, Kasey's teaches for ALL levels of experience ... we might have to call this retreat 'Swim and Paint' - our destinations are delicious!

## *Painting by The Sea in Greece*

Seeing Hydra as an abstract artist does, and developing your own lexicon of symbols through Becky's playful approach will freshen the design repertoire of anyone who works with visual language. If you're a painter, glass artist, jewellery designer or just starting out to find your own style, this retreat is precious developmental time you can't rush. Take Time, Make Space for this one!

## *Writing by the Sea in Greece*

Become immersed in Hydra's past as an epicentre of 1960s bohemianism as the Australian award-winning authors of 'Half The Perfect World' introduce you to Charmian Clift, George Johnston and other creative giants of the time, including Leonard Cohen, Patrick Leigh Fermor, Sidney Nolan. You will encounter this unforgettable island through memorable words and images created by those who knew it best.

**'DRAWING WATER'  
INTUITIVE ART  
RETREAT**  
with  
**Dr.TEE HARDMAN**

**13 - 20 Sept.**



**PLEIN AIR  
WATERCOLOURS  
ART RETREAT**  
with  
**KASEY SEALY**

**27 Sept. - 5 Oct.**



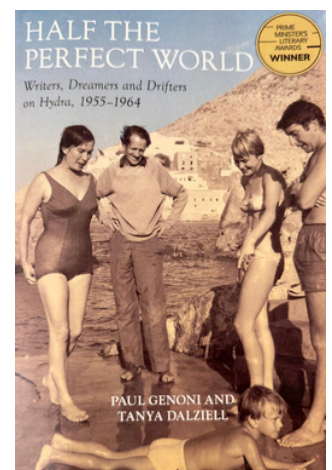
**AN AUTUMN  
SKETCHBOOK  
ART RETREAT**  
with  
**BECKY BLAIR**

**7 - 14 October**



**EXPLORING HYDRA**  
in the 20th Century  
through Literature & Arts  
with  
**Dr TANYA DALZIELL  
PAUL GENONI**

**17 - 23 October**





*See you there!*



## Where is 2025 taking you ?

Whether it's the soft, warm breezes of the Asian tropics, the limpid Autumnal light of a Greek island or the fantasy of painting in the medieval maze of Moroccan medinas in Springtime, your journey with Creative Living Retreats will be an adventure to remember.

Not only are you tutored by truly committed, enthusiastic teachers who are each real specialists in their fields, but your days are curated by Anna who has lived in all of these destinations and knows them well. We try to leave little to chance, so that your precious time is maximised. Detailed pre-retreat information will be sent to you when you enrol.

Retreat details are now online, and if you have any queries at all please don't hesitate to be in touch with Anna (please bear with a delay in response in late November/ early December as I'm travelling in Madagascar where connectivity can be patchy. whats app will generally reach me ).

If you download this calendar, the links to each retreat are embedded in the images and text.

**Warm regards and thank you for your interest!**

