



Body

# BALI

## WRITING RETREAT

26 June - 2 July 2025

CLICK [HERE](#)  
for ALL the details

## BIRTHING YOUR BOOK IN BALI

A transformational  
writing retreat for  
women  
with

**Joanne  
FEDLER**

**BEST-SELLING AUTHOR OF 15 BOOKS**

***“ I’m passionate about helping women writers find their voice and succeed in reaching their goal to become a published author.”***

*“I’ve developed my own creative process for mentoring writers and aspiring authors which I teach in my workshops, retreats and online writing courses. We can only ever take a reader as far as we have gone. So how we think matters. Who we are – our values and beliefs – informs the vision of life our writing is in service to. If we get clear on that, the craft gets easier. ”*

If you love the idea of an entire indulgent week of exploring your writing with a dedicated mentor, delicious healthy cuisine, safe sea swimming and restorative Balinese massages in a tropical island paradise, then this special week might be just for you. Joanne is an award-winning author who passionately encourages people to write and to live more fully.

**She says "If you are 'waiting' to know where your story is taking you before you commit words to the page, please stop waiting.**

**Just Start Writing**

**The act of writing engenders the story. The more we write, the more we can write."**

Joanne will show you how to take the shambles and shards of your experience and work out: what did it all mean? The heartache, the holidays, the gym workouts, the hallelujahs? What is the sum of it all, this great, rollicking, thrilling, exhausting catastrophe called ‘my life’?

# what you'll do

**The retreat takes place at Villa Nilaya which you can reach from your hotel by a leisurely 10-minute walk through our village of Mendira (or take a cab ride for a couple of minutes).**

**In this hands-on, intimate retreat, an eclectic mix of teaching, instruction, writing exercises, meditations, ritual, sharing and other joyful activities, we will:**

- find the moments you want to write about (identify the story amongst the memories);
- write about those moments so that they mean something beyond 'they happened to me' (how do we make an experience 'mean' something?);
- connect the dots between the seemingly random events of your life;
- write about ourselves as a fascinating character with a character arc worthy of fiction;
- write about other people in a way that is respectful, emotionally truthful but without hurting or defaming anyone;
- work out what makes our lives tragic, romantic, heroic, comedic, dramatic and how to write those moments so they have emotional impact;
- close our fingers around the central themes of our lives which makes our personal story universal;
- define the vision of life our story is in service to;
- look at different ways of structuring revelation in our stories to create emotional impact;
- work with the six strengths of consciousness that show up in our writing;
- work beyond cliché, nostalgia, sentimentality and happy endings;
- explore what is 'truth' in storytelling? What is our truth? What is 'emotional truth?'
- talk about when it is okay to cheat and tell white lies in memoir;
- discuss the ethics of writing memoir (writing about other people, chronology, making stuff up, merging identities, blurring facts, inventing dialogue, imagining things that may not have happened);
- befriend the shadow and find a place for it in our writing;
- journey into paradox and ambiguity – the ones we are ready to embrace.
- spend time in stirring inside – safely, communally, with love and support.

click pics to go to hotel sites

# choose your accommodation >>>

sea-facing superior or suite rooms  
all QS beds



## AMARTA BEACH BUNAGLOWS

3-star, beachfront, friendly, and a favourite with our retreatants SUPERIOR ROOM (above) or SUITE room. Each is either ground floor or upstairs. Breakfast included. Sea front with pool

Garden View or Sea View  
rooms, bungalows, suites & villas



## CANDI BEACH HOTEL

5-star, beachfront, resort with multiple restaurants and all resort facilities. Several room types - GARDEN or SEA VIEW rooms/bungalows/suites/villas

Joanne's Writing retreat is held at a spacious, private villa on absolute beachfront, surrounded by sea breezes and palm trees in a secluded, peaceful Balinese village, just a few minutes' walk from the hotel you choose.

The retreat is curated and run by Anna Kwiecinska, who has been holding painting and writing retreats here annually since 2011. If you have any queries about the location, getting here, or which hotel to choose - or anything at all, please get in touch with her!

“ You're amazing Anna. It's your attention to detail that keeps me coming back. ”

Jenny C. Australia  
on her 2nd Painting By The Sea Retreat in Bali,  
who booked her 3rd retreat before 'Portrait of Bali' was  
even finished!

# what's included ? >>>

**This really special 7-day/6-night retreat offers you the opportunity gift yourself gentle days by the sea to focus on you, your well-being, and your writing.**

- 15 hours of writing tutoring and mentoring with Joanne Fedler
- Airport collection
- Your choice of accommodation and breakfast for 6 nights - have a look at the options
- A 60-minute deliciously restorative Balinese massage or reflexology treat with our expert masseuses using Sensatia's pure sweet almond oil infused with restorative essential oils where you choose your favourite scent - Meditation or Relaxation.
- A gentle 'de-planing' yoga session
- A heavenly, live sound-bathing experience (some call it 'sound therapy' or 'healing' - we just call it divine) that will have your senses and imagination floating
- 6 lunches and 4 dinners (including Welcome Dinner and Farewell Dinners)
- Plus Cooking'n'Cocktails with our executive chef - cook your own 7-dish megibung with tips and recipes to be able to make it at home - plus our Signature Nilaya cocktails and snacks as you stir the sauce!
- Plus A stylish night out on the town with fine dining and cocktails
- retreat bag with writing gifts
- A wide variety of good restaurants within easy walking distance of your hotel for other meals, a coffee or time out
- and time to yourself by the sea in beautiful East Bali
- and time to yourself





All the details, prices & BOOKING are [HERE](#)

If you have any queries you can contact the retreat  
organiser, Anna



[anna@annakwiecinska.com](mailto:anna@annakwiecinska.com)



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Joanne and Anna really look forward to welcoming you to a week of winter warmth, where everything is provided - just bring your intention and a swimsuit!

*See you there!*